



JEFF'S CHALLENGE

2.26 Mile Run/Walk 9-Holes of Golf

To Benefit The Hawthorne (Cancer Center)

DATE: Sunday, November 8, 2009

Event Sponsor:

PLACE: Windy Hill Sports Complex



DIRECTIONS: Rt. 60, 1.5 miles west of Route 288

TIME: 9:00 a.m. Run starts, Golf immediately follows

EVENT:

2.62 "challenging" miles on golf course cart paths (paved and gravel,) not certified. Followed by a 9-hole Golf Competition. Maximum Stroke is Double Par. Lowest combined run time and golf score wins. If you elect to not run/walk the 2.62 miles, you will be given a time of 60 minutes for the run/walk. If you elect to run and not golf, you will be given a score of 70 for the golf.

AWARDS:

Top 3 Male & Female finishers, Male & Female Masters (over 40), Top M & F finisher/age group

AGE GROUPS:

11 and under, 12-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+over
11 and under will play 9 hole mini golf instead of Lake course

ENTRY FEE:

Postmarked by October 24 – \$30.00 (ADD \$2.00 if you want rental clubs).
Late and race day registration – \$40.00 (ADD \$2.00 if you want rental clubs).
11 and under \$12
Fee includes race entry, golf cart rental and greens fee.
Contact Windy Hill Sports regarding rental clubs if you need them.

PAYMENT:

Make checks payable to "Jeff 's Challenge" and mail (or drop off) to:
• Windy Hill Sports, 16500 Midlothian Turnpike, Midlothian, VA 23113
• RunnerBill's Sports, 13569 Midlothian Turnpike, Midlothian, VA 23113

REGISTRATION:

Pre-register by mail through October 24. Pre-register in person thru Nov 7th at Windy Hill Sports or RunnerBill's Sports. Event day registration at Windy Hill 7:30 a.m. to 8:30 a.m.

RACE PACKET PICKUP:

Race packets can be picked up Saturday, November 7th 2 p.m. to 4 p.m. at RunnerBill's Sports – 13569 Midlothian Turnpike or race day at Windy Hill 7:30-8:30 a.m.

RACE INFORMATION:

Janet Phillips: (804) 794-0010 or janetwindyhill@aol.com
or Bill Lis: (804) 378-8080 or runnerbill@verizon.net

Disclaimer: I know that running/golfing is a potentially hazardous activity. I should not enter this event unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to safely complete the event. I assume all risks associated with participating in this event, including but not limited to, falls, contact with other participants, the effects of weather, including high heat or humidity, traffic, and the conditions of the roads, all such risks being known and appreciated by me. Having read this waiver, and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Windy Hill Sports Complex, Runner Bill's, Inc., The Hawthorne and all other sponsors, their representatives, and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature (Parent's, if minor): _____ Date: _____

Female Male

_____ Last name First name Age on day of event

Mailing address (Street, City, State, ZIP)

(____) _____ Phone Number

Jeff's Challenge Sponsored by:



Email Address: _____

Running? Y or N Golfing? Y or N Shirt size: Adult S M L XL (circle one)
Youth S M L XL