



# JEFF'S CHALLENGE

2.62 Mile Run/Walk 9-Holes of Golf

To Benefit The  
Hawthorne  
(Cancer Center)

**DATE:** Sunday, November 9, 2008

**PLACE:** Windy Hill Sports Complex

**DIRECTIONS:** Rt. 60 1.5 miles west of Route 288

**TIME:** 9:00 a.m. Run starts Golf immediately follows

- EVENT:** 2.62 "Challenging" Miles on golf course cart paths (paved and gravel) not certified. Followed by a 9-Hole Golf Competition. Lowest combined run time + golf score wins. If you elect to not run/walk the 2.62 miles, you will be given a time of 60 minutes for the run/walk. If you elect to run and not golf, you will be given a score of 70 for the golf.
- AWARDS:** Top 3 Male & Female finishers, Male & Female Masters, Top 3 finishers per age group
- AGE GROUPS:** 9&under 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70 & over
- ENTRY FEE:** Postmarked by October 24th -- \$30.00 (ADD \$2.00 if you want rental clubs). Late and race day registration - \$40.00 (ADD \$2.00 if you want rental clubs). Fee includes race entry, golf-cart rental and greens fee. Contact Windy Hill Sports regarding rental clubs if you need them.
- PAYMENT** Make checks payable to "Jeff's Challenge" and mail (or drop off) to:
  - Windy Hill Sports, 16500 Midlothian Turnpike, Midlothian, VA 23113
  - RunnerBill's Sports, 13569 Midlothian Turnpike, Midlothian, VA 23113
- REGISTRATION:** Pre-register by mail through October 24th. Pre-registration in person at Windy Hill Sports or RunnerBill's Sports or through November 8th. Event day registration at Windy Hill Sports from 7:30 a.m. until 8:30 a.m. Register online at active.com through 11/6/08.
- RACE PACKET PICKUP:** Race packets can be picked up on Saturday, November 8th from 2 p.m. until 4 p.m. at RunnerBill's Sports - 13569 Midlothian Turnpike and from 5 p.m. until 7 p.m. at Windy Hill Sports. Also on event day at Windy Hill Sports from 7:30 until 8:30 a.m.
- RACE INFORMATION:** Janet Phillips: (804) 794-0010/JanetWINDYHILL@aol.com  
Or Bill Lis Phone: (804)-378-8080/runnerbill@verizon.net

**Disclaimer:** I know that running/golfing is a potentially hazardous activity. I should not enter this event unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to safely complete the event. I assume all risks associated with participating in this event, including but not limited to, falls, contact with other participants, the effects of weather, including high heat or humidity, traffic, and the conditions of the roads, all such risks being known and appreciated by me. Having read this waiver, and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Windy Hill Sports Complex, Runner Bill's, Inc., The Hawthorne and all other sponsors, their representatives, and successors from all claims or liabilities of any kind arising out of my participation in this event.

**Signature** (Parent's if minor): \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ [ ] Female [ ] Male \_\_\_\_\_

Last name First name Age on day of event

Mailing address (Street, City, State, Zip)

( )

Daytime phone

T-shirt size [ ] S [ ] M [ ] L [ ] XL

T-shirt guaranteed to pre-registered participants (this is a long-sleeved, technical tee)

**Email Address:** \_\_\_\_\_